

**Southeast Region
CHNS/CHPS
June 2014 Report**

Cassie Lewis

- CHNS partnered with St. Francis County HHI, FCA group, Walmart and Community Church to present a free movie in the park for families. CHNS showed a DVD on the dangers and consequences of tobacco use (smoking in this case) from the Coalition for a Tobacco-Free Arkansas to attendees. CHNS also educated the crowd on ACT 811 laws and encourage those who needed help to quit in calling the Quitline or completing a fax-back referral for help to quit (over 200 people attended the presentation).
- Collaborated with SER CHPS to provide a Wellness Workshop for school districts in the Great Rivers Education Cooperative Service Area. The workshop focused on helping school wellness committees achieve and improve their wellness efforts in their individual school settings. Various speakers provided presentations and educational materials on School Wellness Policies, Tobacco trends and dangers, Food and Nutrition, Farm to school programs, School playground safety, Benefits of physical activity inside and outside the classroom, and APNA data and drug prevention strategies for youth. Pre and post tests were utilized and a formal evaluation for the overall workshop indicated good to excellent results; participants reported that information was valuable to their work in their wellness committees.
- Conversation with West Memphis School District school nurse (by telephone) about August Workshop in West Memphis. Flyer for August workshop (TBI/Autism Spectrum Disorder) distributed to schools in West Memphis. Communicated to CHNS in Northeast so she can invite other school nurses in area, if desired. Workshop location secured, session placed on A-Train and ESCWorks for Cooperatives.
- Met with the Lee County Health Education Coalition. Discussed recent health expo outcomes and plans for next annual health expo. Also discussed partnering with others in county to do a back to school event for the youth.
- Communicated by phone with the NETRAC contact who relates she has added my name to email list and will forward information about the next meeting at Forrest City Medical which will be held by videoconference.

Liz Mercer

- Participated in Wellness Workshop in Monticello and ARESC - speakers on worksite wellness, new tobacco products, and Increasing Recess in schools.
- Participated in the ARESC Crisis Management Team Meeting- reviewed Crisis Plan with changes being made.
- Attended Annual Approved Provider Update Training for CNEs.
- Attended SEATRAC Car Seat Safety Check at Bradley County Tomato Festival with SEATRAC members and ADH coworkers.
- Attended workshop provided by Dr. Bob Burns - Presented Biology of Cancer, Healthy Gums and Lungs.

- Preparing for BMI/scoliosis training on August 6, 2014 and Hearing/Vision on August 7, 2014 at ARESC.
- Working with two local school districts to prepare for ADE Sexual Health Grant/training.

Lisa England

- CHNS will be working with 7-12th grade students/schools in Ashley and Desha counties to form youth led organizations to advocate for tobacco free youth. SEARK ESC tobacco program coordinator will be implementing Project Alert in all Ashley and Desha County Middle Schools. We will both be working on media campaigns with JHS/HS students targeting all community members.
- Attended Cleveland County Hunger Relief meeting to discuss summer feeding programs for youth.
- Hosted Dr. Bob Burns - Presented Biology of Cancer, Healthy Gums and Lungs for Health and Science Teachers and school nurses (26 participants).
- Hosted SEARK ESC Wellness Committee Conference (32 participants); presented on Saving Recess and creating strategies to improve recess for students and teachers. Presentation also provided at the ARESC Wellness Committee Conference in Pine Bluff.
- Attended School Nurse Childhood Obesity Toolkit (SCOT) train the trainer; will be providing training statewide for school nurses this coming school year.
- Helped to conduct SEATRAC Car Seat Safety Checks at Pink Tomato Festival with SEATRAC members and ADH coworkers.
- Presented at Bradley County Safety Baby Showers.

Rosemary Withers

- Facilitated and presented PowerPoints on Enhancing Wellness Committees, School Wellness Toolkit, and School Health Updates/Resources at ARESC Wellness Committee Workshop. Made arrangements for five other workshop speakers to address various school health topics. Provided handouts and emailed other workshop documents. Provided six hours of professional development (35 participants).
- Co-facilitated and presented PowerPoints on Enhancing Wellness Committees, School Wellness Toolkit, and School Health Updates/Resources at Great Rivers Wellness Conference. Handouts and emailed documents provided. Six professional development hours provided (20 participants).
- Participated in Healthy Lung and Gums Workshop at Monticello Elementary School.
- Co-facilitated and presented PowerPoints on Enhancing Wellness Committees, School Wellness Toolkit, and School Health Updates/Resources at Southeast Arkansas Wellness Conference; made arrangement for all workshop speakers. Handouts and emailed documents provided. Provided six hours of professional development (26 participants).
- Emailed ADH Public Health Advisory to wellness committee chairs and Jefferson County Growing Healthy Community.
- New Tobacco Trends, Act 811, and ADH Public Health Advisory regarding E-cigarettes were presented at ARESC, Great Rivers, and Southeast Arkansas Wellness Workshops.